



## TO SPA APHRODITE OF LITOHORO OLYMPUS RESORT VILLAS & SPA

“SPA APHRODITE has a gym, massage areas, mosaic heated relax beds, two private areas with heated pools, a hydro massage, a Jacuzzi, a sauna, a steam bath, as well as a variety of beauty treatments with products based on modern scientific aspects, and of course natural ingredients after bio-technological process. All active ingredients used have very low molecular weight, and together with their special delivery systems (Transcutane Delivery Systems), they penetrate from the stratum corneum to the deepest layers of the skin more easily, for quicker and immediate results from their first application.”



### THE ONLY PRIVATE SPA IN OLYMPUS RIVIERA

WORKING HOUR  
13:00 – 21:00

#### PRICE LIST

##### FOR HOTEL GUESTS

**10 €** THE USE OF THE PRIVATE POOL WITH THE HYDRO MASSAGE PER PERSON FOR 60 MINUTES

**15 € ALL INCLUDED PACKAGE** FOR ALL THE AFOREMENTIONED USES (SAUNA OR STEAM BATH, PRIVATE POOL WITH HYDRO MASSAGE,) PER PERSON FOR 60 MINUTES

##### FOR EXTERNAL CUSTOMERS

**20 €** THE USE OF THE PRIVATE POOL WITH THE HYDRO MASSAGE PER PERSON FOR 60 MINUTES

**25 € ALL INCLUDED PACKAGE** FOR ALL THE AFOREMENTIONED USES (SAUNA OR STEAM BATH, PRIVATE POOL WITH HYDRO MASSAGE,) PER PERSON FOR 60 MINUTES

**FOR CHILDREN (ALWAYS WITH THE SUPERVISION AND RESPONSIBILITY OF THEIR PARENTS) WE HAVE 50% DISCOUNT**

FREE USE OF THE GYM  
FROM 13:00 TILL 21:00

WITH ANY BEAUTY TREATMENT AND MASSAGE  
THE PRIVATE POOL IS FREE OF CHARGE

YOU CAN BOOK THE BEAUTY TREATMENT OR THE PRIVATE POOLS APPOINTMENTS IN THE RECEPTION OR YOU CAN CALL ON 100 OR 200

Litohoro Olympus Resort  
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BOUTIQUE DESIGN HOTEL



**LITOHORO  
OLYMPUS RESORT**

VILLAS & SPA



**Aphrodite Spa**  
BODY BEAUTY TREATMENTS  
BEAUTY THERAPY MENU



## BODY TREATMENT

### 45 € BODY PEELING AND HYDRATION 35'

It is ideal after a steam bath or a hot bath. It prepares the body rejuvenating the skin and removing dead cells, so that the skin can accept the warm mixture of natural essential oils or a firming or hydration mask, according to your needs. It provides nourishment, hydration, firming and boost.

**50€ LIPOLYSIS STIMULATING WITH SEAWEED EXTR. & BODY WARM:45'** To maintain the ideal weight of your youthful body, we recommend the body warm with natural sea ingredients for firming, lipolysis and detox. It is the ideal treatment for the reduction of the hypodermic fat, the improvement of the microcirculation of the lymph blood, the increase of the skin elasticity, and the counterbalance of the topical metabolism. The treatment is performed with the use of a body warm.

**60€ MUD THERAPY 45'** It is famous for its relaxing action, while it removes toxins. It is ideal for those recovering from an orthopedic injury (sprain, break, hematoma), those suffering from chronic problems on the joints (arthritis), particularly on the spinal column, the knees and the hands, low back pain, pain on the nape and musculoskeletal pain. The healer applies Moroccan clay on the whole body and covers you with a body warm. After a shower, the healer applies oil with essential oils or a cream for regeneration, firming or muscle pain on the body.

**55€ CHOCOLATE THERAPY 40'** Nutritious anti-oxidant treatment with chocolate for body firming: ideal for cellulite, particularly at first stages, mild lumps on lower limbs, relaxed and limp skin with capillary vessels, limp lower limbs and lackluster skin.

**60€ AROMATHERAPY MASSAGE 45' Relaxing!** The consummate relaxing massage helps the body get rid of the concentrated tension and tiredness, as absolute relaxation of the tired muscles and rebound of their elasticity is achieved. The Anti-Stress Massage rejuvenates the organism and helps in the achievement of physical and mental tranquility. At the same time, the use of beneficial essential oils offers well-being and rejuvenation to the organism and improves the mood.

## MASSAGE

### 95€ MASSAGE HOT STONE :90'

**65€ MASSAGE HOT STONE:60'** It is an extraordinary technique (with many variations) that spread in the West, and then was successfully applied in almost all SPAs of the world. The muscles are prepared with a massage of various massage and pressure techniques with the aid of warm oil. Then, the healer's hands swop rhythmically with hot volcanic stones, and the result is an extraordinary relaxing and pleasant experience for the recipient. Apart from the benefits of a massage with essential oils and the special feeling the stones leave on the skin, this technique has the ability to remove the "negative" energy that is trapped in the recipient. It is ideal for cramps, frostbite, cold, cervical syndrome.

**45€ THAI OIL MASSAGE 30'** Thai Oil Massage is similar to the traditional Thai massage regarding the energy, but the healer uses more massage than pressures, and the movement is smoother with the use of essential oils. It is considered a "deep tissue" massage, as the oils have the ability to penetrate deep and reach the circulatory system of the human body.

**50 € LOMI LOMI MASSAGE 40':** a massage from Hawaii revitalizes the body with alternating movements of the therapist.

**45 € NECK AND BACK MASSAGE 30':** relaxing massage, neck and back. Relaxes and helps to eliminate stress and muscle tension.

**45 € FOOT MASSAGE 30':** it is the perfect massage for those who feel their legs tired. Relax and let the hands of the masseuse.

**RELAXING / THERAPEUTIC MASSAGE: therapeutic massage, a special massage for pain elimination, toxins and decongest tissues**

**20€ RELAXING MASSAGE 15' | 25€ TONIC MASSAGE**

**40€ RELAXING MASSAGE 30' | 45€ TONIC MASSAGE**

**60€ RELAXING MASSAGE 45' | 65€ TONIC MASSAGE**

**70€ RELAXING MASSAGE 60' | 80€ TONIC MASSAGE**

## FACE TREATMENT

**65 € HAIR & FACE SPA 60'** The hair that are damaged by deficient care, hair loss, malfunctions of scalp, external factors and chemical processes need deep hydration, strengthening and rejuvenation. At spa Aphrodite, with the aromatherapy gel, a massage with essential oils and herb masks, as well as with the application of sauna, we give your hair shine and softness, while the vitamin ampullae and the keratin strengthen and nourish the hair. The treatment is accompanied by a smooth head massage. On the face and eyes, our cosmetician will offer you a relaxing spa treatment with peeling, mask, serum, cream for deep skin treatment, ideal for the rejuvenation of the natural hydrating hymen of the skin and the increase of collagen and elastin production in the skin.

**60 € CAVIAR 50':** caviar facial to rejuvenate, shine and softness of the skin. Mask with caviar and fatty acids Omega 3 and Omega 6 for a strong anti-aging effects. The face is reconstructed thanks to multiple synergies achieved with the combination of amino acids and proteins with caviar and Omega-3, Omega-6 fatty acids, ingredients capable of reducing facial wrinkles. The skin reformed immediately becomes firm and acquires youthful contour.

**60 € ADVANCED FACIAL SPA TREATMENT 50'** The face treatment includes the application of peeling, mask, serum and cream with products selected based on the needs of the skin. The treatment extends to the sensitive eye area with the application of serum or mask with nourishing, hydrating and anti-aging action. The skin rejuvenation is completed with a massage on the face, neck and neckline.